

# COVID-19 Symptom Response Guide for Students



If your child:

- Has had a positive COVID-19 test
- Is getting ill and thinks they might have COVID-19
- Has symptoms of COVID-19

**One** of the following symptoms

- cough
- shortness of breath
- difficulty breathing
- fever of 100.4 or higher

**Two** of the following symptoms

- sore throat
- chills muscle pain
- new loss of taste or smell
- nausea
- vomiting
- diarrhea
- headache
- fatigue
- congestion or runny nose
- muscle or body aches



Contact the school or building nurse.

- The nurse will notify the principal and district nurse.
- If the student exhibits these symptoms at school, the nurse will contact a parents and have the child wait in a quarantine room. ISD 318 will NOT administer COVID-19 tests to students.
- The parent should contact their health care provider and isolate the child until:
  - There is no fever for 24 hours (without the use of fever-reducing medicine), and
  - Other symptoms have improved for at least 72 hours, and
  - At least 10 days have passed since symptoms first appeared.

If you, your child, or a family member has been in close contact to someone suspected or confirmed to have COVID-19 or if you are awaiting the results of a COVID-19 test.

- Close contact is defined as being within six feet of a person for 15 minutes or longer with or without a face covering.



Contact the school or building nurse.

- The nurse will notify the principal and district nurse.
- The student should stay at home and quarantine for 14 days from the last exposure and monitor for symptoms. If symptoms develop, contact your health care provider.

If your child has signs of another type of illness



The building nurse will follow ISD 318 illness guidelines or the Hennepin County Infections Disease Manual to determine if the student should be at school.

